

# CRISPIM BJJ & MMA

## RE-OPENING PLAN JULY 27, 2020



To our Team,

We are so excited to announce that we will FINALLY be re-opening the Pleasanton academy on Monday, July 27, 2020. We welcome all of our members, both from Pleasanton and San Ramon, to attend classes at the Pleasanton academy until we are able to re-open our academy in San Ramon. All classes in Pleasanton will be OUTDOORS on the turf field at the back of the building.

Classes will look very different initially because all of our classes will be No Contact classes. We will have individual training stations on the field which will include a shade structure (canopy), either a 5x10 mat and a dummy for BJJ or a heavy bag for Stand Up classes for each registered member, and each training area will be spaced approximately 8 feet apart. We will begin Limited Contact classes and indoor classes as soon as the state and counties allow us to.

Prior to attendance in any class, we will initially require you to register online for any classes you wish to attend due to smaller class sizes. To register for classes, please click here [SCHEDULER](#). If you are unable to attend a class you registered for, please make sure you cancel asap so that someone else can fill your unused space. And please note that our re-opening schedule looks very different from our “normal” schedule. We are only opening a handful of classes until we get a better gauge on how many of our team members will be returning. If you have any difficulty registering for a class due to it being full, please message us because we will proactively be adding more classes as more of our team returns.

Also, prior to registering for a class, we will need for you to complete two forms that can also be found at the link [SCHEDULER](#). Please complete the COVID-19 Waiver and the Membership Reactivation Form. Please note that once you have signed the forms electronically, you will be sent an email to verify your email address. Please make sure you check your email immediately upon completing the forms.

We know that this is a very difficult time as we attempt to balance safety while trying to have some “normalcy” in our lives. We believe by offering outdoor classes, 8 feet of social distancing on the field, shade structures, disinfecting between classes, and much more that we are able to re-open safely while still providing the Martial Art lifestyle and keeping our minds and bodies healthy! Please know that everything we are doing is to ensure that our members and our staff remain healthy and safe! We hope to see everyone back training and we miss all of you so much!

Please message us at [Info@CrispimBJJ.com](mailto:Info@CrispimBJJ.com) with any questions! Thank you for your support during this difficult time and stay safe and healthy!

All Our Best,  
Crispim and Michele

# HOW IT WILL WORK...

- 1 All classes (BJJ, Stand Up and Fitness) will be outdoors on the turf field behind the academy.
- 2 Some class times may be shorter than normal due to us adding a time buffer in between classes to clean and allow everyone to leave before the next class arrives.
- 3 The schedule does not include the number of classes we offered prior to the shutdown. However, we will open classes as more members return. Please make sure you register for classes at our [SCHEDULER](#) due to limited class sizes.
- 4 Bathrooms, Showers, Cubbies, Pro Shop, and Water Fountain will all be closed initially. Please make sure you bring a water bottle.
- 5 Please wear a mask when you arrive and also when you leave the field.
- 6 Please enter at the back of the academy by the roll up door. The front door will remain locked at this time. Please do not park in the back parking lot as it will be roped off, and please make sure that you do not come to class more than 5 minutes before start time. This will allow us sufficient time for the previous class to leave the field, and also for us to disinfect the mats and any equipment used. When you arrive 5 minutes prior to class, please line up on the Social Distancing Spaces on the ground in the back parking lot and wait for a staff member to come take your temperature. We will use a touchless thermometer to ensure that anyone who enters does not have a fever over 100 degrees. Also, you will be asked if you have any cold, flu or COVID-19 symptoms or have recently been sick because we are still asking you to stay home if you are sick or have any symptoms to help keep everyone safe.
- 7 We will have a touchless hand sanitizer station set up at the entrance to the field. Please make sure you use it prior to entering, and also when leaving.
- 8 Our staff will be wearing face shields and/or masks, and gloves.
- 9 Parents – please make sure you are on time to pick up your child(ren) as we won't have a place to watch them while they wait. And at this time, no one other than staff and students in the class will be on the field during class. You are welcome to watch the class from behind the fence, but please do not stand near the gate so that we can maintain social distancing at all times.
- 10 FINALLY... come and let's have some fun! We will be focusing on techniques and drills while everyone gets back into the groove of training!

THANK YOU and we hope to see you soon!!!

